

THIS WEEK:

Mon — Sat: 10am Mass. Monday (Day Chapel) and Friday also at 6.30pm

Exposition and Confessions to 11am, followed by Rosary.

Tuesday: *Padre Pio* Mass 6.30pm

Wednesday: World day of the sick/ Our Lady of Lourdes

READINGS: Isaiah 58:7-10; 1 Cor 2:1-5; Matthew 5:13-16

SUNDAY OFFERTORY/TITHES

DECEMBER Total: £14,299.25

Standing order/online and contactless: £7,570.07

Week average: £3,574

Christmas: £5,363.70

Crib: £616.23

Thank you so much!

Social Apostolate: Volunteers are always welcome to help to prepare and serve food to our homeless and poor guests. M—W from 11am to 2pm. Please speak with Gabi if you would like to help in any way.

Bible sharing during Lent: For 18-40 year olds. Sundays beginning February 22nd, 2.30pm to 4pm. Please contact Sr. Agnes or see poster in porch for information.



NORMAL CHURCH TIMES

Saturday Evening 6.30^{pm} (Vigil);

Sunday Mass: 8, 9:30, 11

Polish (po polsku): 12.30^{pm}, 6:30^{pm}

Mass in Spanish: 4.30^{pm}

Monday—Saturday: 10am Mass

Monday and Friday: 6.30pm Mass

Padre Pio and *Divine Mercy* Masses:

2nd and 4th Tuesday each month

6.30pm

Sacrament of Reconciliation:

after 10am Mass each weekday

Saturdays, or by appointment.

Rosary: 11am each weekday.

PARISH STAFF & TEAM

Contact them on: 020 8800 2121

Parish Priest: Fr. Jim Conway SJ.

Assistant Priests: Fr. John McCabe SJ,
Fr. Piotr Kropisz SJ

Resident Jesuits: Fr. Anthony Aduaka SJ
(ANW, KCL), Fr. Roseller Atilano SJ (PHI, LSE)
Fr. Harry Elias SJ, Fr. Jean Nyembo SJ (ACE,
Arise Project), Fr. Michael Smith SJ (JRS).

Music: Ann Bennett

Sunday Sacristan: Axel Rejas

Parish Secretary: Judy Bronson.

Tel: 020 8800 2262 . T-Th 9am — 1pm

Catechetics: Aga Wiecek 020 8800 2202

If you have any concerns about safety of a child or vulnerable adult in the parish, please contact our Safeguarding Representatives:

Angela Anyanwu, 07979047550 or

Bernadeta Dymek

stamfordhillsg1@safeguardrcdow.org.uk



5th Sunday of the Year A
8th February 2026

A Roman Catholic Parish served by the Jesuits. 27 High Road, N15 6ND. Tel: 020 88002121. www.stignatius.co.uk

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Salt of the earth, light of the world

Doctors advise us about many things, and one of these is to cut back on the amount of salt we use in our food. When Jesus calls his disciples the “salt of the earth”, he isn’t suggesting that this group of non-descript followers are causing him high blood pressure.

He is using the term to indicate how valuable they are to him and to his message. For at the time Jesus was speaking, salt was a highly prized commodity, vital for the preservation of food. It was used to signify the bonds of friendship between people, and was a significant gift to share at a meeting or a banquet.

The scriptures mention salt as sign of a bond that doesn’t break. A covenant of real meaning and importance was called a “salt covenant”. We Christians are in a "salt covenant" with each other through our baptism. Jesus wants us to remember the covenant we have with him, and he is asking us to be the salt of the earth: the sign of the unshakeable covenant – we belong to Christ and he wants us to draw others into the same relationship.

Apart from the influence to draw others to Christ, the gospel today also tells us to speak up and to speak out: to make ourselves heard in the streets.

People around the world are doing just that: through their voices and the sheer physical presence of their numbers, they have shown the need to protect freedom of speech and the rights of refugees and victims of persecution and discrimination, like bright lights shining in a darkened world. Christ reminds us to shine forth, and his words echo the words of Isaiah in the first reading:

"Share your bread with the hungry, and bring the homeless poor into your house, when you see the naked, to cover him ... Then shall your

Responsorial Psalm: A light rises in the darkness for the upright.

light break forth like the dawn and your healing shall spring up speedily."

The people would immediately have thought of Jerusalem when Jesus talked about the city built on a hill-top. The ideal Jerusalem was to be a place where things were done right, according to God's light. It was to be a city of the people of God.

For Christians, it is the church that is supposed to be that kind of eternal city: the community that is light to the world, that draws others to Christ, whoever they are, that reveals the power of God's love.

We pray for the church: to shine the light again. We pray for each other, that we will regain the flavour that we seem to have lost.

"Heavenly Father, you have called your Church to be the salt of the earth and the light of the world. Give us vigorous faith and a love that is genuine, so that all may see our works and give you the glory." Amen.

Annual Mass of Thanksgiving for the Sacrament of Matrimony Westminster Cathedral, Saturday 23rd May 2026 at 2:30pm.

The Archbishop is inviting to this Mass all couples in the Diocese, who are celebrating their **5th 10th, 25th, 30th, 40th, 50th and 60th (and every year over 60)** wedding anniversary of Catholic marriage in 2026. If you are celebrating an anniversary, please let us know the following details: husband and wife's names, wedding date, full postal address and contact email (or telephone number, if no email).

Welcome to Fr. Jim Conway! Our new parish priest arrives here on Thursday 12 February. It will be great to have him with us at last.

POPE'S PRAYER INTENTION FEBRUARY:

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

RCIA PROGRAMME: Please join this group if you are a non-baptized seeking Baptism, or a catholic adult seeking First Holy Communion or Confirmation in the Catholic Church. Each person goes at their own pace until ready to receive the sacraments. Baptised non-Catholics wishing to join the Catholic Church are also welcome. Thursdays at 6.30pm. Information: 020 8442 2202.

Children servers for 9.30am and 11am Mass:

We are recruiting new servers for the 9.30am and 11am Sunday Mass. This is a wonderful opportunity for children to be closer to our sacred worship every Sunday.



Next Sunday: Mass for 18-35 year olds at 3pm. Mass will be followed by a meal and a relaxed discussion and conversation for everyone. Please encourage anyone you know in this age group to attend.